

HeartReach Mobile Lab



The **HeartReach Mobile Lab** from **Iowa Health-Des Moines** is a 37 foot Winnebago that brings dedicated technicians and nurses to you to provide the most comprehensive screening for heart disease and stroke. A variety of screening tests are available to help identify your risk for heart disease and stroke. Easy and affordable.

Where: Lot #26 – South side of Court Ave and east of the Judicial building

Date: Tuesday, April 21, 2009 & Wednesday, April 22, 2009

Time: 7:00 am-1:30 pm

For: State of Iowa Employees

♥ To schedule an appointment.... **CALL: 1-866-935-5432**

♥ For more information..... **VISIT: www.iowahealth.org/heartreach.**

Screening options available:

Option 1 : Complete Screening

\$105 (usual price- \$135)

- ♥ Ultrasound of Carotid Arteries (blood flow to the brain)
- ♥ Check for Abdominal Aortic Aneurysm (blood vessel in belly)
- ♥ Ankle-Brachial Index measure (blood flow in the arms and legs)
- ♥ Electrocardiogram or EKG (checks the heartbeat)
- ♥ Cholesterol Profile with Blood Sugar
- ♥ Weight and Waist Measurement
- ♥ Heart Disease Risk Survey
- ♥ Consultation with a cardiac nurse.
- ♥ If you have cholesterol and blood sugar results from the past 6 months, bring them with you and we will use them for your heart disease risk score.

Option 2: Vascular and EKG Screening

\$100

- ♥ Ultrasound of Carotid Arteries (blood flow to the brain)
- ♥ Check for Abdominal Aortic Aneurysm (blood vessel in belly)
- ♥ Ankle-brachial Index Measure (blood flow in the arms & legs)
- ♥ EKG (checks the heartbeat)

Option 3: Vascular Screening

\$80

- ♥ Ultrasound of Carotid Arteries (blood flow to the brain)
- ♥ Check for Abdominal Aortic Aneurysm (blood vessel in belly)
- ♥ Ankle-Brachial Index Measure (blood flow in the arms & legs).

Option 4: EKG and Cholesterol Profile and Blood Sugar \$65

- ♥ EKG (checks the heartbeat)
- ♥ Heart Disease Risk Survey
- ♥ Cholesterol Profile with Blood Sugar
- ♥ Weight and Waist Measurement
- ♥ Consultation with a cardiac nurse.

Option 5: ALA CARTE

\$35 each

- ♥ Cholesterol Profile with Blood Sugar
- ♥ EKG (checks the heartbeat)
- ♥ Carotid Artery Screening (blood flow to the brain)
- ♥ Abdominal Aortic Screening (blood vessel in belly)
- ♥ Ankle-Brachial Index Measure (blood flow in the arms/legs)

Win a Free Complete Screening ! Valued at \$135

For every nine people that register for screening, HeartReach will draw for a free screening.

Offer expires at noon on April 20, 2009. Winners will be notified on their screening day.